

## Why do we need dress codes?

In the current medical curriculum, you may be in contact with patients from as early as the first year. The public has admirable expectations of a doctor and in these circumstances you will be regarded as a valued member of the health care system.

Whether attending lectures/tutorials or visiting patients, you must always appear neat and tidy, wearing reasonably smart and suitable clothing.

Therefore, at all times it is important that you dress (and behave) in the appropriate manner, which will identify you as a member of the respected profession and allow patients, from all walks of life, to feel comfortable in your presence and care.

### *Being a medical student should always be a matter of pride to you.*

The following dress code was developed by the Faculty Administration, with assistance from the Medical Students' Association (M.S.A.). It is applicable to all medical students attending the University of the West Indies, both **full-time** and **elective**.

The dress code must be observed at all times, in the following settings and according to the phase of the M.B.B.S. programme: lectures/tutorials, formal meetings, conferences, appointments with members of staff, and rotations (in Medicine, Surgery, etc.).

*This dress code will be effective from January 2011.*

## Dress Codes for Females:

### ❖ For lectures and tutorials:

### *On-Campus:*

**Modest clothing.** Clothing must NOT be: shorter than 2 inches above the knee; have slits shorter than 2 inches; with exposed backs; with exposed waists; see-through; tight-fitting all over the body; with any offensive prints/designs. NO beachwear, mini-skirts, short shorts, tube tops, tank tops and low-cut tops. Underwear should NOT be visible. Modest shoes and jewellery are allowed.

### ❖ For any activity involving contact with patients:

#### *Clinical Rotations:*

**Identification:** The gold/silver coloured name pins must ALWAYS be worn on the premises.

**Blouses:** A modest, light/dark coloured blouse must be worn with the buttoned white jackets. Bright colours are NOT allowed. Must NOT be tight fitting.

**Pants/Skirts/Dresses:** NO jeans are allowed. Must NOT be tight-fitting. Pants are to end at the ankle. Skirts are to be at or below the knee. Splits must be modest and NOT more than 2 inches. Accepted colours are: black, grey, navy blue, brown/ beige/ khaki. Blouse-dresses can be worn with a jacket, but they are to be of ONE colour that is NOT bright; NO patterns/designs. Only dark coloured belts are allowed.

**Shoes:** Comfortable, enclosed flat shoes are preferred. Enclosed, low heel shoes (NOT >2 inches high) can be worn. Slippers are NOT allowed.

**Jackets:** Must be white. The following should NOT be worn underneath the jacket: T-shirts, polo shirts, tube tops, tank tops and low-cut tops. The jacket should NOT be tight-fitting around the arms and torso.

*Please refer to the "White Jacket Designs" leaflet, provided by the Faculty.*

**Accessories:** Only the following types of jewellery are allowed: a simple necklace, a wrist watch and ONE pair of stud earrings (NO hoops or long earrings). NO coverings of the head (except for religious purposes).

**Hairstyles:** Long/Medium-length hair should be tied at the back. Hair should NOT cover any part of the face, especially the eyes.

**Other:** Excessive make up should NOT be worn. Nails must be well manicured; kept short and clean. NO nail polish. NO artificial nails.

### *Operating Rounds in Clinical Rotations:*

**Scrubs:** Plain, light-coloured scrubs are allowed, i.e. NO patterns/designs, NO bright colours.

**Shoes:** Sterilised sneakers or Crocs are allowed.

**Accessories:** NO head coverings (except for religious purposes). Only ONE pair of stud earrings is accepted.

**Other:** Excessive make up should NOT be worn. Nails must be well manicured; kept short and clean. NO nail polish. NO artificial nails.

On weekends the following should NOT be worn, in addition to the above (On-Campus): beachwear, slippers/sandals and party-type wear. If jeans are to be worn, they MUST be worn with a scrub top only. The following types of jewellery are only allowed: a simple necklace, a wrist watch and ONE pair of stud earrings (NO hoops or long earrings). NO coverings of the head (except for religious purposes). However, if on duty or if there will be contact with patients outside of the operating rounds, the attire will be the same as that, described for clinical rotations. Scrubs may also be worn when specified by the various hospital departments.

## Dress Codes for Males:

### ❖ For lectures and tutorials:

#### *On-Campus:*

**Modest clothing.** The types of clothing that are allowed are: long/short pants, sleeved T-shirts or other sleeved shirts. Clothing must NOT be with any offensive

prints/designs. Underwear should NOT be visible. Modest shoes and jewellery are allowed.

❖ **For any activity involving contact with patients:**

**Clinical Rotations:**

**Identification:** The gold/silver coloured name pins must ALWAYS be worn on the premises.

**Shirts:** A buttoned, short/long-sleeved, white shirt can be worn, BUT with a solid dark tie AND a white clinical coat. A short-sleeved, white shirt-jac or guayabera can also be worn. NO other colour of shirt is allowed.

**Pants:** NO jeans are allowed. Pants are to end at the ankle. Accepted colours are: black, grey, navy blue, brown/beige/khaki; to be worn with dark coloured belts.

**Shoes:** Dark (black/brown) shoes, worn with socks.

**Accessories:** A wrist watch is ONLY allowed.

**Other:** Nails must be kept short and clean.

**Operating Rounds in Clinical Rotations:**

Plain, light-coloured scrubs are allowed, i.e. no bright colours, no patterns/designs. Sterilised sneakers or Crocs are allowed. NO hats. NO jewellery. Nails must be kept short and clean.

**Other:** On weekends the following should NOT be worn, in addition to the above (On-Campus): beachwear, slippers/sandals and party-type wear. If jeans are to be worn, they MUST be worn with a scrub top only. Polo shirts are allowed. The following types of jewellery are only allowed: simple chain and wrist watch. NO coverings of the head (except for religious purposes). However, if on duty or there will be contact with patients outside of the operating rounds, the attire will be the same as that, described for clinical rotations.

Scrubs may also be worn when specified by the various hospital departments.



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# Dress Code for Medical Students

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